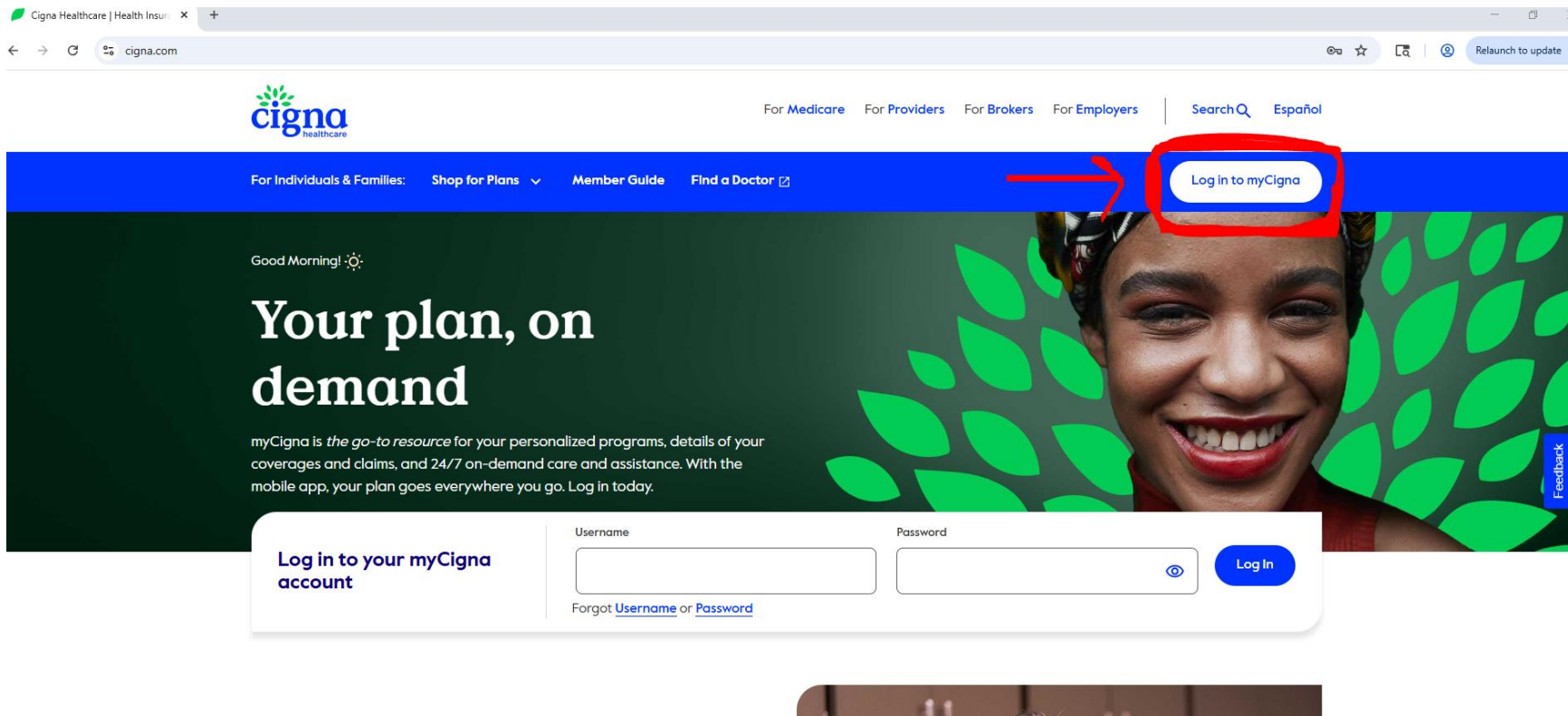


How to Register into Cigna Guide

- Go to cigna.com
- Click Log into myCigna button



The screenshot shows the Cigna Healthcare website. The browser address bar displays "cigna.com". The website header includes the Cigna logo and navigation links: "For Medicare", "For Providers", "For Brokers", "For Employers", "Search Q", and "Español". A blue navigation bar contains links: "For Individuals & Families:", "Shop for Plans", "Member Guide", and "Find a Doctor". A red arrow points to a "Log in to myCigna" button, which is highlighted with a red rectangle. Below the navigation bar, a large banner features a smiling woman's face and the text "Good Morning! ☀️" and "Your plan, on demand". Below the banner, a login form is displayed with the heading "Log in to your myCigna account". The form includes fields for "Username" and "Password", a "Forgot Username or Password" link, and a "Log In" button.

Cigna Healthcare | Health Insurance

← → ↻ cigna.com

For Medicare For Providers For Brokers For Employers Search Q Español

For Individuals & Families: Shop for Plans Member Guide Find a Doctor

Log in to myCigna

Good Morning! ☀️

Your plan, on demand

myCigna is the go-to resource for your personalized programs, details of your coverages and claims, and 24/7 on-demand care and assistance. With the mobile app, your plan goes everywhere you go. Log in today.

Log in to your myCigna account

Username Password

Forgot Username or Password

Log In

Click Register button to register your account

my.cigna.com/web/public/guest

Relaunch to

cigna
healthcare

Español

Customer Login

Username

Password

Log In

[Forgot Username](#) [Forgot Password](#)

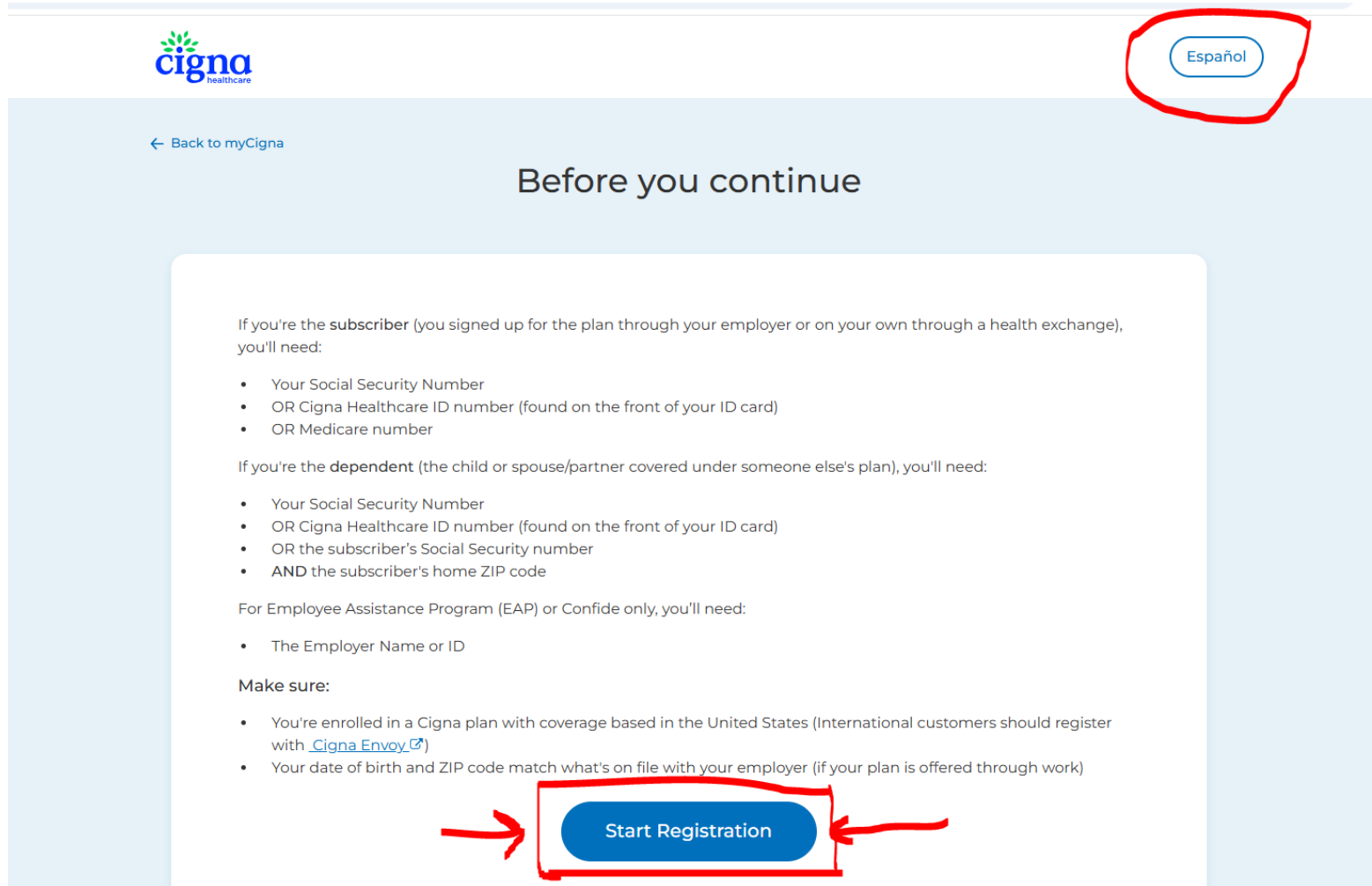
Haven't created an account yet?

Register


Your online account gives you access to these features:

Click Start Registration

To view in Spanish, click Espanol



The screenshot shows the Cigna Healthcare registration page. At the top left is the Cigna Healthcare logo. At the top right, the word "Espanol" is enclosed in a red hand-drawn circle. Below the logo is a link that says "← Back to myCigna". The main heading in the center is "Before you continue". Below this heading is a white box containing registration requirements. At the bottom of this white box is a blue button labeled "Start Registration", which is enclosed in a red hand-drawn rectangle with two red arrows pointing towards it from the left and right.



[← Back to myCigna](#)

Before you continue

If you're the **subscriber** (you signed up for the plan through your employer or on your own through a health exchange), you'll need:

- Your Social Security Number
- OR Cigna Healthcare ID number (found on the front of your ID card)
- OR Medicare number

If you're the **dependent** (the child or spouse/partner covered under someone else's plan), you'll need:

- Your Social Security Number
- OR Cigna Healthcare ID number (found on the front of your ID card)
- OR the subscriber's Social Security number
- **AND** the subscriber's home ZIP code

For Employee Assistance Program (EAP) or Confide only, you'll need:

- The Employer Name or ID

Make sure:

- You're enrolled in a Cigna plan with coverage based in the United States (International customers should register with [Cigna Envoy](#))
- Your date of birth and ZIP code match what's on file with your employer (if your plan is offered through work)

[Start Registration](#)

Enter in your Personal Information

Start by entering a few details

First name

|

Last name

Email Address

Date of Birth



mm/dd/yyyy

Subscriber's ZIP Code

We may have the subscriber's previous ZIP code on file.

By continuing, you acknowledge that you have read and agree to [Cigna's Terms of Use](#) and [Website Privacy Notice](#).

Continue

Register your myCigna account for easy secure access to your plan benefits.



Download your digital ID card




Manage accounts and claims



Access virtual care resources

Enter in your Personal Information



[← Back](#)

Verify your identity

Social Security Number

Cigna ID

Subscriber's SSN


Subscriber's ZIP Code

60639

We take data protection seriously.

[View Cigna's Privacy Policy](#)

Continue



Subscriber's Social Security number (SSN) & ZIP code

The subscriber is the person who signed up for the health plan. If you're a dependent, you must enter the subscriber's information. For Cigna supplemental health plans that you signed up for on your own (not through your employer), you can also use your Contract number.

Create a Security Question

[← Back](#)

Security question

Question

Select...

Enter Your Answer

Continue



Tip: Security question

Protecting access to your account is important to us.

Choose an answer that is personal and memorable to you.

Create a Username and Password

[← Back](#)

Create your account

Username

|

Password

•••••



Retype Password



Email Address

jsantiago@usmrecycles.com

Mobile Number (optional)*

By creating an account, you acknowledge that you have read and agree to Cigna's [Terms of Use](#) and [Website Privacy Notice](#)

Continue



Username:

- ☐ Username must be available
- ☐ 5-32 characters (no symbols or spaces)
- ☐ At least 1 letter

Password:

- ☐ **At least 9 characters**
Use any combination of letters, numbers, spaces, or special characters.
- ☐ **Password must be strong**
Avoid using personal information. Longer passwords are typically stronger.

Verify your email address by entering the code send to your email

Verify email address

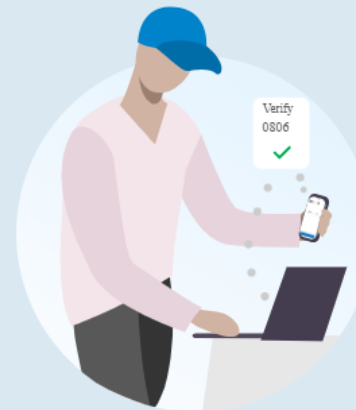
Enter the code to verify your email address

Code has been sent to j...o@usmrecycles.com and will expire in **10 minutes**.

Didn't get a code? You can request a new one in 60 seconds.

Resend Code in **54** seconds

Verify and Continue



Two-step authentication

Add extra security to your myCigna account.

Verify your phone number, by entering the code send to your phone



Español

Verify phone number

Verify your mobile phone number

Add a mobile phone number that can be used for two-step authentication.

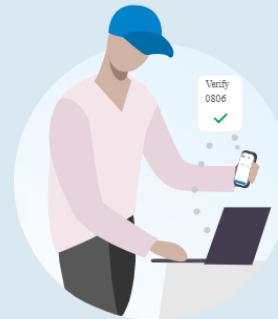
Mobile Number

[Redacted mobile number]

By entering your mobile phone number, you acknowledge that you wish to receive calls or texts regarding your plan benefits, programs, systems, and services from Cigna or its affiliates at the telephone number(s) provided. Data rates may apply. You can modify your phone preferences at any time. You also acknowledge that you have read and agree to Cigna's [Terms of Use](#) and [Website and Mobile Application Privacy Policy](#).

Send Code

Skip for now



Two-step authentication

Add extra security to your myCigna account.

How to request ID cards, digital and physical

The screenshot shows the myCigna dashboard for a user named Joshua. At the top, there is a navigation bar with the Cigna logo, a Messages icon with a red notification bubble, ID Cards, Rx Cart, the user's name 'Joshua', and a language selector for 'Español'. Below this is a secondary navigation bar with links for Home, Find Care & Costs, Claims, Coverage, Prescriptions, Wellness, and Perks & Programs. The main content area starts with a 'Welcome, Joshua!' message and a brief introduction to the dashboard. A 'Learn More' button and a 'Dismiss' link are provided. To the right, a red circle highlights a card titled 'Your ID cards at your fingertips' with the text 'Accessing and sharing your ID card is easy' and a 'Go to your ID cards' button. Below this, a 'Messages' section displays three message cards from the Health Plan: 'Kick off the summer with a flexible fitness program', 'Behavioral health coverage changes starting January 1, 2024', and 'Talk to a dentist 24/7 using your phone, tablet, or computer.' An 'All messages' link is also present.

Home Find Care & Costs Claims Coverage Prescriptions Wellness Perks & Programs

Welcome, Joshua!

Welcome to your myCigna dashboard. There is information in the Message Center to help you get started.

Learn More Dismiss

Your ID cards at your fingertips
Accessing and sharing your ID card is easy
[Go to your ID cards](#)

Messages

- From your Health Plan
[Kick off the summer with a flexible fitness program](#)
- From your Health Plan
[Behavioral health coverage changes starting January 1, 2024](#)
- From your Health Plan
[Talk to a dentist 24/7 using your phone, tablet, or computer.](#)

[All messages →](#)

On home screen page select: Go to your ID cards.

ID Cards

Your digital ID cards go everywhere you go.

- You have access to your ID cards any time you need them right from myCigna.com or the app.
- Download or print the ID card image to easily show or email it to your providers. On your mobile device, you can add your ID card to your Apple Wallet® or Google Wallet.

View ID card(s) for: [REDACTED]



Subscriber

Date of Birth: [REDACTED]

Medical, Dental, Pharmacy, and
Vision

Coverage effective date:

08/01/2025

Your plan issues a single ID card for multiple
coverages.

[View My ID Card](#)

Use your digital ID card when you access care.

Select View MY ID Card

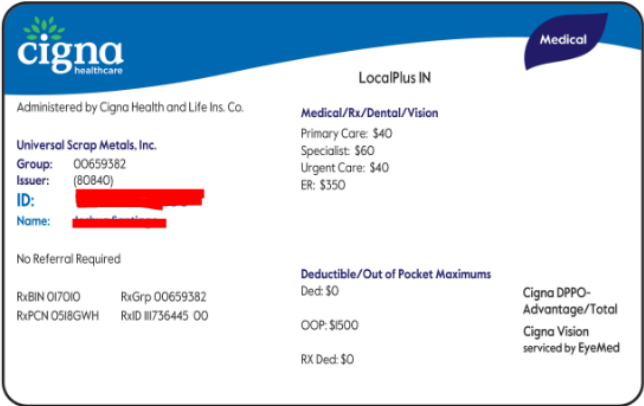
You can request a physical copy that will be sent directly to your house

-OR- You can Print a copy immediately

Medical, Dental, Pharmacy, and Vision ID Card

Use your digital ID card when you access care. You can view it, print it, or save it to share with your provider.

Viewing: Front of Card | [Back of Card](#)



The image shows a digital representation of a Cigna LocalPlus IN Medical ID card. The card is blue and white. It includes the Cigna logo, the plan name 'LocalPlus IN', and a 'Medical' tab. Key information includes: 'Administered by Cigna Health and Life Ins. Co.', 'Universal Scrap Metals, Inc.', 'Group: 00659382', 'Issuer: (80840)', 'ID: [redacted]', and 'Name: [redacted]'. It also lists 'Medical/Rx/Dental/Vision' benefits: Primary Care: \$40, Specialist: \$60, Urgent Care: \$40, ER: \$350. Other details include 'No Referral Required', 'Deductible/Out of Pocket Maximums' (Ded: \$0, OOP: \$500, RX Ded: \$0), and 'Cigna DPPO-Advantage/Total Cigna Vision serviced by EyeMed'. Rx identifiers are also present: RxBIN 017010, RxGrp 00659382, RxPCN 0518GWH, and RxID 11736445 00.

You can [submit a request for a physical ID card](#) if you need one.

[Download](#) [Print](#) [Cancel](#)